

NO SHOPPING MONTH

Budget + Goals

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JAN. BUDGET

Rent:

Groceries:

Meetings:

Gas:

Health:

GOALS

Goal #1:

Goal #2:

Goal #3:

Goal #4:

Goal #5:

WHAT YOU CAN BUY

Groceries

NECESSARY toiletries

Health items

Birthday gifts for others

Gas

WHAT YOU CAN'T BUY

Clothes

Books/magazines

Home decor

Electronics

Anything NOT necessary